

June 24, 2020

Because God loves you, He Provides- Part 16

Did you know that God loves you more than anyone else could ever love you?

God proves His love to you all the time by providing **rest** to you. **Mt. 11:29-30** *“Take My yoke upon you, and learn from Me, for I AM gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light.”*

Because God loves you, He also desires to give us **rest**. Now you might think that means an extra hour of sleep per night or a vacation in Maui, but what it really means is giving up the control of our lives and placing our trust in Jesus. True rest comes from **giving up control**. We tend to not do this even though we call Him LORD. LORD means He is our leader; our boss. When we submit ourselves to Him, then we no longer have to worry. Worry is the enemy of rest. Someone wisely told me long ago that there are only two things you can worry about; things you can change and things you cannot change. If you can change it, then do it. If you can't, what is worry going to do about it anyway? Jesus has come that we might have life to overflowing abundance. When we give up control, we no longer have to worry about anything because it is not ours any longer. Also, being yoked with Christ means that we are living in agreement with God.

James 4:1, *“What causes fights and quarrels among you? Don't they come from your desires that battle within you?”* James reminds us that as long as we continue to live for ourselves, we will experience the struggles and results of our selfish behavior. But if we surrender ourselves completely to the Lordship of Christ, we can truly find rest for our souls. As the passenger instead of the driver, we can just kick back and enjoy the journey. It reminds me of the chorus of the song by Carrie Underwood:

*Jesus, take the wheel
Take it from my hands
'Cause I can't do this on my own
I'm letting go
So give me one more chance
And save me from this road I'm on
Jesus, take the wheel*

Dear Father, thank You for Your rest in my life. Life can be so hard; so hectic; so demanding, that it seems sometimes overwhelming. But You have come that we can have life in overflowing abundance. LORD, I give You the steering wheel of my life. I want to trust You completely and allow You to show me where I ought to go and what I should do. Let me enjoy the journey. In Jesus Name, Amen